



Phone: 09 444 5023
Email: office@GlenfieldCommunityCentre.co.nz
Website: www.glenfieldcommunitycentre.co.nz



<https://www.facebook.com/GlenfieldCommunityCentre/>

Welcome to the Glenfield Community Centre

We are a friendly, not-for-profit Incorporated Society community hub on Auckland's North Shore offering affordable room hire, community and business activities, educational, social and active classes, together with a well-respected and WINZ-approved Early Learning Centre.

The purpose of our Centre is to recognise and respond to the social, cultural, recreational and educational needs of the community and find ways to meet these needs.

If you can't find what you are looking for on the pages within, why not start a group? Do you, or anyone you know need a room for your regular meetings or activities? Do you have a skill you could offer the community but just need assistance in putting something together? We would currently like to add further social/physical activities to our list. *Community is at our Centre* and we would really like to see more of you and offer more to you. Please talk to us.

Featured this Week:

Regular Hire Available In the Mission Hall

Wednesdays (any time 8am-10pm)

From mid-October to mid-December

Please contact us: office@GlenfieldCommunityCentre.co.nz



Our Office Hours:

The Centre office is manned Monday to Friday between the hours of 8.00am and 3.00pm.

Community Centre Hours:

Rooms at the Centre may be hired 7 days a week between the hours of 8.00am and 10.00pm only.

The Glenfield Community Centre is pleased to offer the following:

Glenfield Early Learning Centre

Our Early Learning Centre caters for children aged 1-5 years old between the hours of 9.00am and 2.30pm, Monday to Friday. We offer pre-booked sessions with qualified staff that provide a caring and positive environment for children. Our Centre is registered for 20 Free Hours and Work and Income NZ subsidies. Please phone 444 0818 or visit our website for more information.

Registered Kitchen

The Glenfield Community Centre is proud to offer a fully registered “A” Grade Kitchen for hire. The kitchen can be hired for production of food items for re-sale at markets etc. The kitchen is hired out at \$20.00 per hour including GST, Monday-Friday, 8.30am-3.30pm. Please contact the centre office for availability or to discuss further.

Glenfield Mission Hall

The Glenfield Mission Hall is a registered Heritage Building. Built by local people for the local community. It was totally refurbished in 2015 and we celebrated its 100 year Centenary in the September. Ideal for larger groups it comfortably seats 65. The floors are carpeted.

Social Event Room Hire

Social events such as Christenings/Weddings/Memorial Services may be accommodated at the Community Centre where space and availability permit. Rooms are available only between the hours of 8.00am – 10.00pm. The Centre has a NO ALCOHOL policy. Due to these restrictions, the Centre is not a suitable “party” hire venue. Please contact the Office for further information.



Regular Listings

All bookings are subject to change - *Keep up-to-date via our website*

MONDAY

LITTLE ANNIE – Pop-In Portraits

Will again be holding photography sessions at the Centre on various dates throughout 2018. Check their website www.popin.co.nz for further details and bookings.

ENGLISH LANGUAGE PARTNERS NZ

English for Everyday Life 10.00am – 12.00 noon, and 6.30pm – 8.30pm

English language classes of various levels held for adult migrants/refugees. All students must **register with the ELP office directly on 489 2078**.

AA GLENFIELD

Meet in room 1 from 8pm to 9.00pm. If you want to drink that's your business, if you want to stop we can help. Phone Caitlin on 0274 056 004 for information.

ADDA – AUCKLAND DEFENSIVE DRIVING ACADEMY

Has been running the best value courses in Auckland since 2003. It is unique as they are not a driving school that runs defensive driving courses on the side – they specialise in providing quality Defensive Driving Courses. These courses are approved by Land Transport NZ and the Auckland Defensive Driving Academy is an approved provider. For more information visit www.addanz.co.nz or phone 486 1909.

HARMONY TRUST

Offer counselling, NZTA assessments and group work. For more information please look at their website www.harmonytrust.co.nz or phone 021 183 9759.

TUESDAY

AUCKLAND COMMUNITY LAW CENTRE

9.00am – 12.00noon. (Not Public Holidays). ACLC Offer a satellite clinic for free legal advice. Conditions apply. This is a walk-in service – first come, first served (no appointments are made. you are seen in order of arrival). **Last name taken at 11.30am**. Services include: domestic violence, family, immigration, employment, WINZ, HNZA & ACC, tenancy, civil, minor criminal, consumer, neighbourhood disputes. For further information and appointments at their Auckland Office please phone 377 9449.

ART OF LIVING - Follow up class

6.30pm – 8.30pm. (Includes Yoga and Meditation) **every 2nd & 4th Tuesday of the month**. (These classes are for those who have already attended the AoL workshop). Contact Krishna on 441 2223 or 021 155 7377 for more information.

ENGLISH LANGUAGE PARTNERS NZ

English for Everyday Life 10.00am – 12.00 noon. Classes held for adult Migrants/Refugees. **All students must register directly with the ELP office**. Please phone 489 2078 for more information.

WELL WOMEN & FAMILY TRUST

Offering free cervical screening clinics for Asian women. For dates of next clinics to be held at the Centre and for appointments please contact Jun Li on asianhealth@wons.org.nz or Grace Kim Grace.acu@gmail.com

WEDNESDAY

GROW North Shore: 10am-12noon Room 3

The Breakthrough program in mental health. GROW is a community mental health movement organised and led by people recovering or recovered from mental illness and from other serious personal inadequacies or maladjustments to life. GROW meetings combine personal testimonies, reports on progress, group work on members' problems, and adult education about rebuilding lives. Call Sandy for further information on: 021 049 1360 or 846 6869, or simply pop in to Room 3 on Wednesday.

REALISTICUS ART ACADEMY: 3.30pm-5.30pm

Realistic Art Classes for Kids (Ages 5-13). Get excited about drawing! Learn from Reality and Create the World of your Dreams. Fantastic Skills for Life. Join us on Wednesdays in Glenfield Community Centre. For further information and bookings visit www.ArtAcademy.co.nz

ADDA – AUCKLAND DEFENSIVE DRIVING ACADEMY

Has been running the best value courses in Auckland since 2003. It is unique as they are not a Driving School that runs Defensive Driving Courses on the side – they specialise in providing quality Defensive Driving Courses. These courses are approved by Land Transport NZ and the Auckland Defensive Driving Academy is an approved provider. For more information visit www.addanz.co.nz or phone 486 1909.

ENGLISH LANGUAGE PARTNERS NZ

10.00am – 12.00 noon. English for Everyday Life

6.00pm – 9.00pm. English for Employees.

All students must register with the ELP office directly. Please phone 489 2078 for more information.

SHANTI NIWAS

10.30am – 12.30pm. Culturally appropriate programme for older persons of Indian or South Asian origin. Held on the **1st and 3rd Wednesday of every month** in the Mission Hall. For more information phone Nilma or Naveed on 622 1010 or: shantiniwas@xtra.co.nz

WELL WOMEN & FAMILY TRUST

Offering free cervical screening clinics for Asian women. For dates of next clinics to be held at the Centre and for appointments please contact Jun Li on asianhealth@wons.org.nz or Grace Kim Grace.acu@gmail.com
Phone 846 7886

JESUS IS LORD

For more information please contact Efren Liwanag on 021 0266 9124 or email e.liwanag@yahoo.com



THURSDAY

ENGLISH LANGUAGE PARTNERS NZ

English for Everyday Life 10.00am – 12.00noon, and 6.30pm-8.30pm

English language classes held for adult Migrants/Refugees, various level classes, all students must **register with the ELP office** on 489 2078.

PLUNKET/KARITANE

Various group classes held for instruction on Baby Massage, New Parents, Toddlers, Chinese Groups, etc. Ask your Plunket or Karitane Nurse.

YOGA WITH ANU

6.00pm-7.00pm in the Mission Hall. Casual rates \$10 per class. We are also announcing discount rates on class packages in the first week of August. Ph: 022 3299 443 for further details and pricing

JESUS IS LORD

For more information please contact Efren Liwanag on 021 0266 9124 or email e.liwanag@yahoo.com

FRIDAY

COMMUNITY KNITTING GROUP

10.00am – 12.00noon. Fun and friendly group of knitters and crocheters that meet each week to make blankets and toys for families in need of a little extra. All levels welcome ☺ Phone the Centre office for more information on 444 5023.

PLUNKET/KARITANE

Various group classes held for instruction on Baby Massage, New Parents, Toddlers, Chinese Groups, etc. Ask your Plunket or Karitane Nurse.

YOGA WITH ANU

7.00pm-8.00pm in the Mission Hall

Casual rates are \$10 per class. We are also announcing discount rates on class packages in the first week of August. Ph: 022 3299 443 for further details and pricing.



WANTED

Our Community Knitters
need donations of

DOUBLE KNITTING
(or 8 PLY) WOOL



The Community Knitters meet weekly at the Centre to knit (and crochet) for local organisations. All items made help those in need within our local area.

More often than not, the wool used is bought and paid for by our knitters themselves, so if you can help, please drop your donations off at the Centre Office (8am-3pm Mon-Fri)



SATURDAY

CHINESE NEW SETTLERS SERVICE TRUST

8.30am – 3.30pm. Offer Chinese, Math, English writing, Art and Kong Fu classes along with wrap-around Asian services e.g. social work, counselling, employment, settlement etc. Phone 570 1188 for information.

FILNZ Youth Group

8.00pm – 10.00pm. Filipino Malaysian youth bible study class. For more information please contact Divine Cos on 021 053 7294 or email divineangelcost@yahoo.com

NORTH SHORE SIKH SOCIETY - Gurumukhi Learning School

6.00pm-10.00pm. Contact: Gurpreet.Pushpinder@gmail.com for further information.

SUNDAY

AA NORTH HARBOUR

10.30am – 12.30pm. Meets weekly for support. If you want to drink that's your business, if you want to stop we can help. Phone 0800 229 6757 for more information.

KOREAN ZION METHODIST CHURCH

9.30am – 12.30pm. Morning worship service held in the Mission Hall. Please contact JaiYoun Lee for further information email heritage35@naver.com

JESUS IS LORD

1.00pm – 9.00pm. Weekly church meetings held every Sunday. For more information please contact Efren Liwanag on 021 0266 9124 or email e.liwanag@yahoo.com

THANKS MISSIONS CHURCH

10.00am – 12.00pm in Room 2. Please contact Daewie Kim at thankschurchnz@gmail.com for more information.



Free Legal Clinic – Auckland Community Law Centre

Tuesdays 9am-11.30am – see daily listing for full details...

(Note: clinics are not held on public holidays)

The following not-for-profit community groups have offices on site and can be accessed by appointment:

THE ROYAL NEW ZEALAND PLUNKET SOCIETY

Plunket provides a Well Child health service to all New Zealand families with children under 5 years of age. For information on groups and for appointments, phone 444-8479 to make an appointment.

LITERACY AUCKLAND NORTH (formerly Literacy North Shore)

We help adults improve reading, writing, spelling, maths/budgeting, basic computer skills, learner driver licence, financial literacy, NCEA L1 & L2 support. Free service (conditions apply). For further information phone 444 0420, or visit their website: www.literacynorthshore.org

BENEFICIARIES ADVOCACY & INFORMATION SERVICE INC.

Beneficiaries Advocate provides advice, information and advocacy for Beneficiaries and people on low incomes regarding eligibility to Income Support - by appointment only. Phone Jackie or Karen on 444-9543, or email BAIS@xtra.co.nz

HARMONY TRUST

Offer counselling, NZTA assessments and group work. For more information please look at their website www.harmonytrust.co.nz or phone 636 3449.



Sweet Charity is a non-for-profit, collaboratively owned and run Charity Home Store based downstairs at the Glenfield Community Centre. They showcase quality new and pre-loved treasures and are the creation of two well-established registered charities: **The Grief Centre** and **Supporting Families in Mental Illness**.

If you would like to donate your time, preloved and/or new treasures to their store they would love them. Drop off during their business hours only. Sweet Charity are looking for clean, quality womenswear, accessories and footwear, bric-a-brac, homewares, artwork, children's toys, household linens, books, cds and small items of furniture... and volunteers! *They are currently unable to accept menswear, children's wear or electrical items.

For further assistance please feel free to pop in store or email and they will do their best to assist you.

www.sweetcharity.co.nz email: info@sweetcharity.co.nz

The following Organisations help the Centre by way of sponsorship and funding throughout the year, we thank them for their support:

COGS; FlawTech; Z Energy; Trillian Trust; Auckland Council; Foundation North; Kaipatiki Local Board; The Lion Foundation; McDonalds Glenfield; Ray White Glenfield; Lottery Grants Board; Four Winds Foundation; North Shore Heritage Trust; The Trusts Community Foundation; Kaipatiki Community Facilities Trust; The Methodist Church of New Zealand; Barfoot & Thompson Glenfield.

Thank you to [Daren James](#) and [Barfoot & Thompson Glenfield](#) for their generous donation of a defibrillator for use at the Centre.

Please visit our website

www.GlenfieldCommunityCentre.co.nz



The following **counsellors** regularly use office space at the Glenfield Community Centre.

If you or someone you know are in need, please contact them directly on the numbers provided.

If it is an emergency and you feel that you or someone else is at risk, call 111

If you feel that you need immediate help, please contact any of the following numbers:

Lifeline: 0800 54 33 54 or (available 24/7) or free text **HELP** (4357)

Suicide Crisis Helpline: 0508 82 88 65 (available 24/7)

Depression Helpline: 0800 111 757 (available 24/7)

Youthline: 0800 376 633 or free text 234

Kidsline: 0800 54 37 54 (available 24/7)

Rainbow Youth: (09) 376 4155 (weekdays 11am-5pm)

Brigitte Viljoen – Psychotherapist – TherapyNZ - Registered Psychotherapist PBANZ

<http://www.therapynz.co.nz/home> Phone: 0204 057 0804

Brigitte is a psychotherapist who has experience working with a wide range of issues, including anxiety, depression, grief and loss, relationship difficulties, family dynamics and trauma.

Brigitte is also an ACC Sensitive Claims Provider (Adults) and an OCP Provider.



Eunice Choi – Counsellor - Provisional Member, Registered with NZAC

Email: eunicegw.choi@gmail.com Phone: 021 0278 3992

Eunice is a counsellor with a passion for restoring people's life challenges to bring hopes and dreams through collaborative counselling practice. She has special interest in anger, anxiety, depression, grief & loss, relationship issues and trauma. Sessions are available in Korean and English.



Marilyn Shearer – Psychotherapist - NZAP - PBANZ

<https://counsellingservicesnewlynn.weebly.com/therapists.html> Phone: 021 832 926

Marilyn is a psychotherapist who has experience working with a wide range of issues, including Relationships, Sex and Intimacy, Body Image, Self-esteem, Trust, Anger, Grief/Loss/Fear, Recognition & Validation, Empowerment, Self-expression, Self-improvement. Seeing youth and adults.

Marilyn is also an ACC Sensitive Claims Provider and Assessor

